

Dive Into a Coach Approach™ 1.0 Level 1 – Core Fundamentals

Overview of the Course

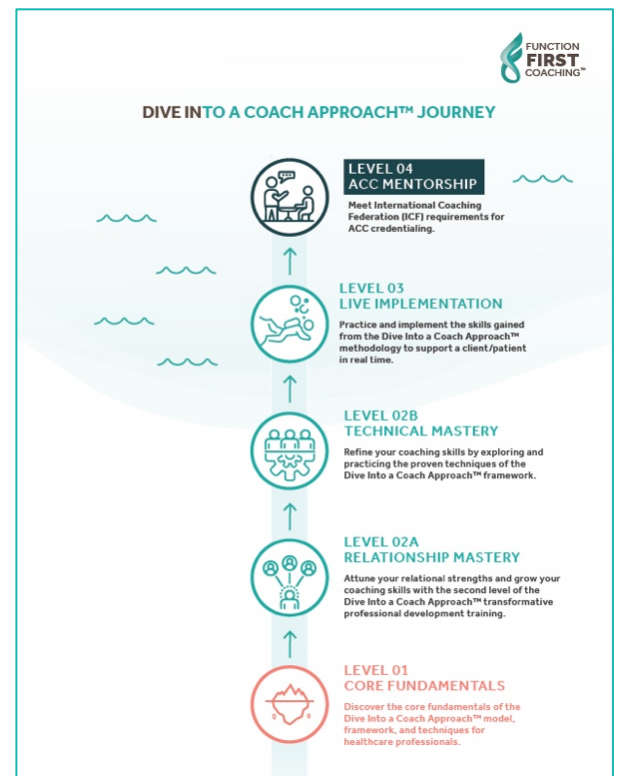
Elevate Your Healthcare Team's Impact!

In the fast-paced world of healthcare, facilitating patient recovery goes beyond traditional methods. "A Coach Approach" is a transformative course designed for healthcare professionals across specialties, including PT, OT, Kin, nurses, manual therapists, mental health providers, and medical practitioners.

Led by H el ene Th eriacult, a recognized expert in coaching within healthcare, this accredited program by the International Coaching Federation (ICF) redefines how healthcare professionals lead and connect with their patients.

Our course equips clinicians to break down perceptual barriers such as beliefs and attitudes while maintaining strong therapeutic relationships. In just 12 hours of comprehensive learning, participants will acquire core competencies to seamlessly integrate a Coach Approach into their practice.

This training combines flexible online learning (6-8 hours) with a live online workshop, offering practical coaching competencies that yield immediate results. Participants will earn 12 Continued Coaching Education (CCE) credits, vital for coaching credentialing, and receive a customized action plan for immediate implementation.



Time Commitment

This course is a total of 12-hours of time commitment.

- **Hybrid Learning (6-8 Hours):** Access our online module for self-paced learning over 2-3 weeks.
- **Live Practice (4 Hours):** Join interactive virtual sessions to practice skills.
- **Q&A (1 Hour):** Engage in discussions, address questions, and share success stories.

Key Features

- **Accredited for 12 Continuing Coach Education (CCE) Credits by ICF and AOTA:** Enhance your professional credentials while deepening your expertise with a course recognized and accredited by both the International Coach Federation (ICF) and the American Occupational Therapy Association (AOTA).
- **Expertly Crafted for Optimal Learning:** Our educator, a recipient of the prestigious ICF Educator Award, has meticulously designed this engaging hybrid course to optimize your learning experience.
- **Immediate Practical Application:** Gain access to a comprehensive toolkit of over 10 practical tools, ready for immediate implementation in your patient/client interactions.

Course Learning Objectives

1. Apply a coaching model to improve clinical outcomes, patient satisfaction and prevent burnout.
2. Apply a 4-step framework to guide a coaching dialogue and high-impact accountability.
3. List 10 techniques from the 4-step framework that will help you use a coach approach with confidence.
4. Build high-quality patient-clinician interactions using the 4 guiding principles.
5. Develop an action plan to start implementing a coach approach in your practice immediately.

How Will This Support Our Team?

Investing in the Level 1 - Core Fundamentals course will yield a multitude of advantages for your team and the overall success of your healthcare practice. Here are some compelling reasons why your team should embark on this journey:

1. **Enhanced Communication and Leadership:** Equip your team with effective communication and leadership skills for better collaboration and efficiency.
2. **Improved Patient Satisfaction:** Enhance patient interaction skills to build trust and raise patient satisfaction, ultimately benefiting your practice's reputation.
3. **Enhanced Clinical Outcomes:** Apply evidence-based practices for improved patient outcomes, shorter recovery times, and higher-quality care.
4. **Time-Saving Rehabilitation:** Streamline rehabilitation planning with over 10 practical tools, saving valuable time for patient care.

Benefits for the Healthcare Professional

Apart from supporting our team, this workshop also offers direct benefits to healthcare professionals, including:

1. **Enhanced Work Satisfaction:** By honing their skills and knowledge, healthcare professionals experience increased job satisfaction as they see the positive impact they have on patient care.
2. **Burnout Prevention:** Equipping professionals with effective communication and time-saving tools helps reduce stress and prevent burnout, ensuring they can sustain their passion for healthcare.
3. **Confidence in Clinical and Leadership Skills:** This training instills confidence in both clinical and leadership abilities, empowering professionals to excel in patient care and team leadership roles.

In conclusion, investing in workshop is an investment in your team's communication excellence, professional growth, and the quality of care we provide to our patients. This program aligns perfectly with our mission to empower our healthcare professionals and elevate our standards of practice.

Yours in Health,



H el ene Th eriat, BScOT, MAdEd, PCC

Course Creator, Certified Coach & Facilitator, Occupational Therapist, Function First Coaching Owner

Dive Into a Coach Approach™ Journey | Details & Cost

| Course | Time | Format | Capacity | Accredita- tion | Cost (USD) |
|---|-----------|--|-----------|---------------------------|-----------------------|
| Level 1 | 12 hours | -8 hrs self-pace -1x4 hrs live | 8-24 | 12: AOTA, ICF, NBHWC | \$550 |
| Level 2A | 10 hours | -4 x 1.5 hrs (virtual) -3 x 1 hour (peer coaching) | 8-24 | 10: AOTA, ICF | \$777 |
| Level 2B | 10 hours | -4 x 1.5 hrs (virtual) -3 x 1 hour (peer coaching) | 8-24 | 10: AOTA, ICF | \$699 |
| Level 3 | 10 hours | -5 x 1 hr (virtual) -3 x 1 hour (own client) | 4-12 | 10: AOTA, ICF | \$1,397 |
| Level 4 <i>(for ICF credentialing)</i> | 10 hours | -3 x 1.5 hrs (virtual) -3 x 1 hour (own client) | 4-12 | 10: AOTA, ICF, NBHWC | \$1,897 |
| *Coaching Tools- bundle | 11 hours | 5 self-pace online modules | Unlimited | 8: ICF, AOTA 11: NBHWC | \$595 (save \$100) |
| Empowering conversations | 1.5 hours | Self-pace module | Unlimited | *1: ICF, AOTA | \$119 |
| Mastery of Coaching Education | 3 hours | Self-pace module | Unlimited | *3: ICF, AOTA | \$149 |
| WheelTrack Pro | 2 hours | Self-pace module | Unlimited | *2: ICF, AOTA | \$139 |
| Energy Balance Blueprint | 2.5 hours | Self-pace module | Unlimited | *2: ICF, AOTA | \$169 |
| Marketing for Healthcare | 2 hours | Self-pace module | Unlimited | *NBHWC in bundle | \$119 |

*The Coaching Tool bundle includes 5 online modules and provides 11 NBHWC CU's.

** All prices listed herein are based on 2023 rates and are subject to change. Please refer to the prices listed on the course group training and resource website pages:

- <https://www.functionfirstcoaching.com/group-training/>
- <https://www.functionfirstcoaching.com/resources/>