

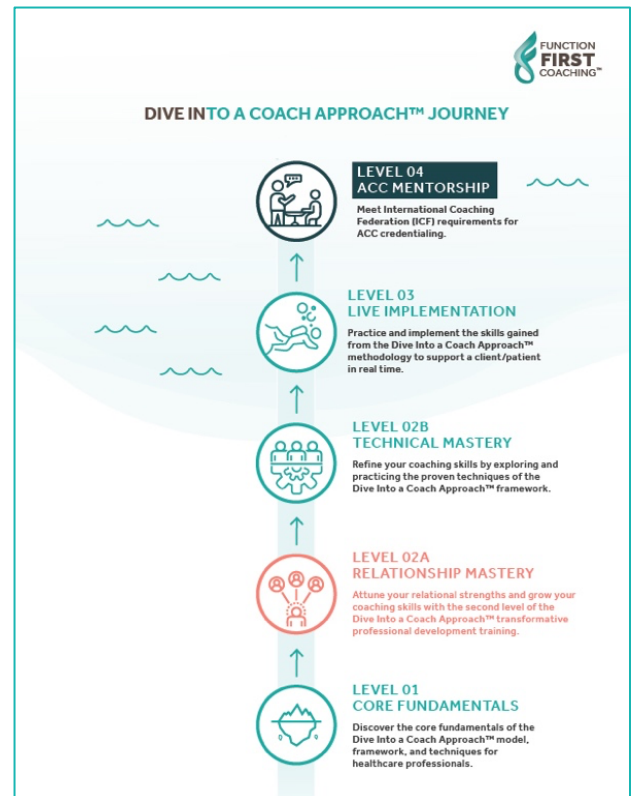
## Dive Into a Coach Approach™ 2.0 Level 2A – Relationship Mastery

### Overview of the Course

Dive Into a Coach Approach™ 2.0 - **Level 2A: Relationship Mastery** is a transformative 10-hour course designed to elevate coaching and leadership capabilities. Central to this course is the groundbreaking Relationship Intelligence (RQ) assessment, providing unique insights from four perspectives to enhance relationship skills, coaching abilities, and therapeutic impact.

This approach combines online resources with practical experience to ensure participants gain the knowledge and tools for professional excellence. Whether individuals are advancing coaching skills, honing leadership prowess, pursuing ICF Credentialing, or seeking to enhance therapeutic interactions, Dive Into a Coach Approach™ 2.0 - Level 2A empowers them for success in healthcare professions and leadership roles.

By funding this course for your employee, you're investing in their professional development and enhancing their ability to excel in healthcare coaching and leadership roles.



### Time Commitment

This course is a total of 10-hours of time commitment.

- **Four Live Virtual Classes of 1.5 Hours Each:** Each of these sessions takes place every two weeks.
- **Six Self-Paced Learning Hours:** These hours are flexible, allowing your employee to allocate them at their convenience for peer coaching and self-paced learning.

- **Key Features**

- **Accredited for 10 Continuing Coach Education (CCE) Credits by ICF and AOTA:** Enhance your professional credentials while deepening your expertise with a course recognized and accredited by both the International Coach Federation (ICF) and the American Occupational Therapy Association (AOTA).
- **Expertly Crafted for Optimal Learning:** Our educator, a recipient of the prestigious ICF Educator Award, has meticulously designed this engaging hybrid course to optimize your learning experience.
- **Immediate Practical Application:** Gain access to a comprehensive toolkit of over 10 practical tools, ready for immediate implementation in your patient/client interactions.

## Course Learning Objectives

1. **Apply Dive Into a Coach Approach™ Framework:** Engage in practical coaching sessions to apply the Dive Into a Coach Approach™ framework.
2. **Analyze Personal Dynamics with RQ Assessment:** Use the RQ assessment to gain insights from four perspectives on personal dynamics. Apply these insights to enhance therapeutic interactions as a clinician or leader.
3. **Evaluate and Prioritize Relational Strengths:** Explore and prioritize the 28 relational strengths for more effective coaching. Assess their relevance and applicability in various situations.
4. **Utilize New Coaching Tools:** Acquire and immediately apply five new coaching tools to enhance coaching skills and evaluate their effectiveness in achieving coaching outcomes.

## How Will This Support Our Team?

Investing in the Level 2 – Relationship Mastery course will yield a multitude of advantages for your team and the overall success of your healthcare practice. Here are some compelling reasons why your team should embark on this journey:

1. **Enhanced Communication and Leadership Skills:** Equip your team with the essential tools and knowledge to communicate effectively, collaborate seamlessly, and exhibit strong leadership skills. This improves team cohesion and efficiency.
2. **Improved Patient Satisfaction:** Enhanced patient interaction skills lead to greater patient trust, empathy, and rapport. Satisfied patients are more likely to adhere to treatment plans, contributing to a positive practice reputation.
3. **Enhanced Clinical Outcomes:** Access actionable tools and strategies for evidence-based clinical practices, resulting in improved patient outcomes, quicker recovery times, and higher-quality patient care. Elevate your practice as a patient-centric healthcare leader.

## Benefits for the Healthcare Professional

Apart from supporting our team, this workshop also offers direct benefits to healthcare professionals, including:

1. **Confidence in Clinical and Leadership Skills:** This training instills confidence in both clinical and leadership abilities, empowering professionals to excel in patient care and team leadership roles.
2. **Tools for Patient Motivation and Engagement:** Access a comprehensive toolbox of strategies to inspire and engage patients actively in their care journey, ultimately leading to better health outcomes.
3. **Improved Therapeutic Use of Self:** Elevate your ability to connect with patients on a deeper level, fostering trust and effective therapeutic relationships.

Investing in this workshop not only supports our team's communication excellence but also enhances professional growth and the quality of care provided to our patients. It aligns perfectly with our mission to empower healthcare professionals and elevate our standards of practice.

Yours in Health,



**H el ene Th eriacult**, BScOT, MAdEd, PCC  
Course Creator, Certified Coach & Facilitator, Occupational  
Therapist, Function First Coaching Owner

## Dive Into a Coach Approach™ Journey | Details & Cost

Course	Time	Format	Capacity	Accreditation	Cost (USD)
Level 1	12 hours	-8 hrs self-pace -1x4 hrs live	8-24	12: AOTA, ICF, NBHWC	\$550
Level 2A	10 hours	-4 x 1.5 hrs (virtual) -3 x 1 hour (peer coaching)	8-24	10: AOTA, ICF	\$777
Level 2B	10 hours	-4 x 1.5 hrs (virtual) -3 x 1 hour (peer coaching)	8-24	10: AOTA, ICF	\$699
Level 3	10 hours	-5 x 1 hr (virtual) -3 x 1 hour (own client)	4-12	10: AOTA, ICF	\$1,397
Level 4 <i>(for ICF credentialing)</i>	10 hours	-3 x 1.5 hrs (virtual) -3 x 1 hour (own client)	4-12	10: AOTA, ICF, NBHWC	\$1,897
*Coaching Tools- bundle	11 hours	5 self-pace online modules	Unlimited	8: ICF, AOTA 11: NBHWC	\$595 (save \$100)
Empowering conversations	1.5 hours	Self-pace module	Unlimited	*1: ICF, AOTA	\$119
Mastery of Coaching Education	3 hours	Self-pace module	Unlimited	*3: ICF, AOTA	\$149
WheelTrack Pro	2 hours	Self-pace module	Unlimited	*2: ICF, AOTA	\$139
Energy Balance Blueprint	2.5 hours	Self-pace module	Unlimited	*2: ICF, AOTA	\$169
Marketing for Healthcare	2 hours	Self-pace module	Unlimited	*NBHWC in bundle	\$119

\*The Coaching Tool bundle includes 5 online modules and provides 11 NBHWC CU's.

\*\* All prices listed herein are based on 2023 rates and are subject to change. Please refer to the prices listed on the course group training and resource website pages:

- <https://www.functionfirstcoaching.com/group-training/>
- <https://www.functionfirstcoaching.com/resources/>