

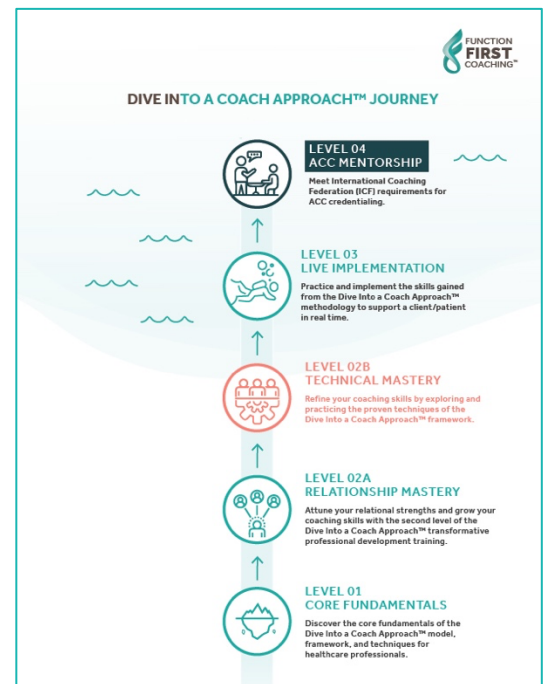
Dive Into a Coach Approach™ 2.0 Level 2B – Technical Mastery

Overview of the Course

Embark on a transformative 10-hour journey to boost your coaching skills and leadership prowess. This course delves into the art of leveraging metaphors, mastering nuanced coaching techniques, and expediting coaching dialogues while nurturing therapeutic rapport.

Engage in live coaching demos and receive invaluable personalized growth coaching feedback to enhance your competencies. Plus, between classes, immerse yourself in peer coaching sessions with your Diving Partner to fine-tune your skills.

Earn 10 CCEs accredited by ICF (International Coaching Federation) and 1.2 CEUs accredited by AOTA (American Occupational Therapy Association) while unlocking your potential for a profoundly positive impact on your coaching journey. For more details, see the class descriptions below.



Time Commitment

This course is a total of 10-hours of time commitment.

- **Four Live Virtual Classes of 1.5 Hours Each:** Each of these sessions takes place every two weeks.
- **Six Self-Paced Learning Hours:** These hours are flexible, allowing your employee to allocate them at their convenience for peer coaching and self-paced learning.

Key Features

- **Accredited for 10 Continuing Coach Education (CCE) Credits by ICF and AOTA:** Enhance your professional credentials while deepening your expertise with a course recognized and accredited by both the International Coach Federation (ICF) and the American Occupational Therapy Association (AOTA).
- **Expertly Crafted for Optimal Learning:** Our educator, a recipient of the prestigious ICF Educator Award, has meticulously designed this engaging hybrid course to optimize your learning experience.
- **Immediate Practical Application:** Gain access to a comprehensive toolkit of over 10 practical tools, ready for immediate implementation in your patient/client interactions.

Course Learning Objectives

1. **Apply Key Core Coaching Competencies:** Enhance your proficiency in coaching skills such as active listening, powerful questioning, and goal setting.
2. **Practice the 4-Step Framework:** Implement a structured coaching approach for client self-discovery, goal setting, action planning, and accountability.
3. **Utilize Three New Coaching Techniques:** Gain hands-on experience in three new coaching techniques to enhance your coaching versatility.

How Will This Support Our Team?

Investing in the Level 2 – Technical Mastery course will yield a multitude of advantages for your team and the overall success of your healthcare practice. Here are some compelling reasons why your team should embark on this journey:

1. **Enhanced Communication and Leadership Skills:** Equip your team with the essential tools and knowledge to communicate effectively, collaborate seamlessly, and exhibit strong leadership skills. This improves team cohesion and efficiency.
2. **Improved Patient Satisfaction:** Enhanced patient interaction skills lead to greater patient trust, empathy, and rapport. Satisfied patients are more likely to adhere to treatment plans, contributing to a positive practice reputation.
3. **Enhanced Clinical Outcomes:** Access actionable tools and strategies for evidence-based clinical practices, resulting in improved patient outcomes, quicker recovery times, and higher-quality patient care. Elevate your practice as a patient-centric healthcare leader.

Benefits for the Healthcare Professional

Apart from supporting our team, this workshop also offers direct benefits to healthcare professionals, including:

1. **Confidence in Clinical and Leadership Skills:** This training instills confidence in both clinical and leadership abilities, empowering professionals to excel in patient care and team leadership roles.
2. **Tools for Patient Motivation and Engagement:** Access a comprehensive toolbox of strategies to inspire and engage patients actively in their care journey, ultimately leading to better health outcomes.
3. **Improved Therapeutic Use of Self:** Elevate your ability to connect with patients on a deeper level, fostering trust and effective therapeutic relationships.

Investing in this workshop not only supports our team's communication excellence but also enhances professional growth and the quality of care provided to our patients. It aligns perfectly with our mission to empower healthcare professionals and elevate our standards of practice.

Yours in Health,



Hélène Thériault, BScOT, MAEd, PCC

Course Creator, Certified Coach & Facilitator, Occupational
Therapist, Function First Coaching Owner

Dive Into a Coach Approach™ Journey | Details & Cost

Course	Time	Format	Capacity	Accredita- tion	Cost (USD)
Level 1	12 hours	-8 hrs self-pace -1x4 hrs live	8-24	12: AOTA, ICF, NBHWC	\$550
Level 2A	10 hours	-4 x 1.5 hrs (virtual) -3 x 1 hour (peer coaching)	8-24	10: AOTA, ICF	\$777
Level 2B	10 hours	-4 x 1.5 hrs (virtual) -3 x 1 hour (peer coaching)	8-24	10: AOTA, ICF	\$699
Level 3	10 hours	-5 x 1 hr (virtual) -3 x 1 hour (own client)	4-12	10: AOTA, ICF	\$1,397
Level 4 <i>(for ICF credentialing)</i>	10 hours	-3 x 1.5 hrs (virtual) -3 x 1 hour (own client)	4-12	10: AOTA, ICF, NBHWC	\$1,897
*Coaching Tools- bundle	11 hours	5 self-pace online modules	Unlimited	8: ICF, AOTA 11: NBHWC	\$595 (save \$100)
Empowering conversations	1.5 hours	Self-pace module	Unlimited	*1: ICF, AOTA	\$119
Mastery of Coaching Education	3 hours	Self-pace module	Unlimited	*3: ICF, AOTA	\$149
WheelTrack Pro	2 hours	Self-pace module	Unlimited	*2: ICF, AOTA	\$139
Energy Balance Blueprint	2.5 hours	Self-pace module	Unlimited	*2: ICF, AOTA	\$169
Marketing for Healthcare	2 hours	Self-pace module	Unlimited	*NBHWC in bundle	\$119

*The Coaching Tool bundle includes 5 online modules and provides 11 NBHWC CU's.

** All prices listed herein are based on 2023 rates and are subject to change. Please refer to the prices listed on the course group training and resource website pages:

- <https://www.functionfirstcoaching.com/group-training/>
- <https://www.functionfirstcoaching.com/resources/>