

Dive Into a Coach Approach™ 3.0

Level 3 – Live Implementation

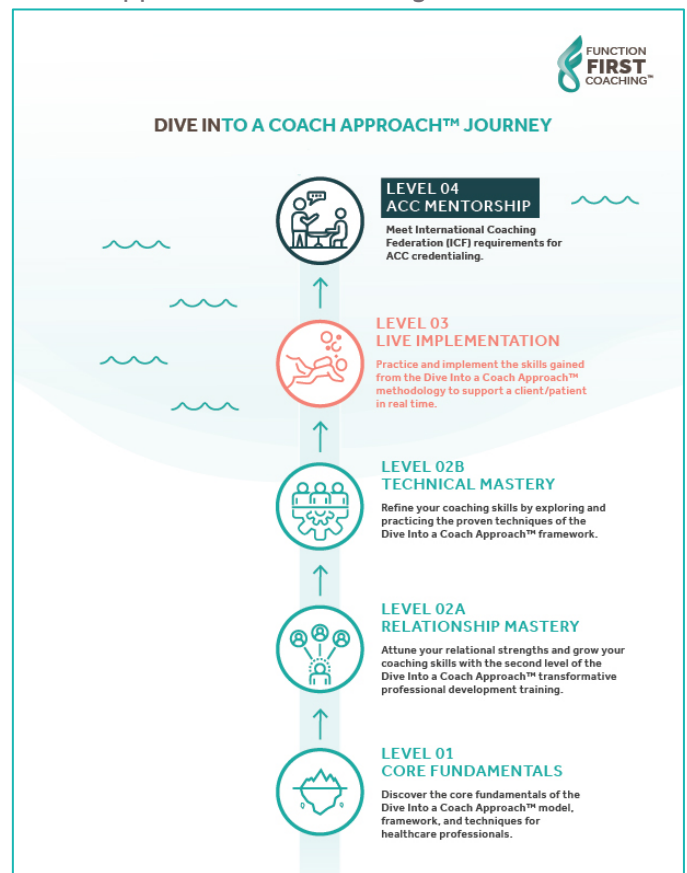
Overview of the Course

Dive Into a Coach Approach™ Level 3 - Live Implementation is a transformative 10-hour course that equips you with a comprehensive coaching methodology tailored to your specific area of practice. In this course, you'll work directly with a coachee, providing them with six personalized coaching sessions to support them in achieving their goals.

As part of this course, one of your coaching sessions will be recorded, enabling you to receive personalized Growth Feedback. This feedback focuses on the eight core coaching competencies endorsed by the International Coaching Federation (ICF), helping you enhance your coaching skills.

Throughout your journey, you'll receive continuous support. Join live online sessions with H  l  ne and a small group at the beginning, middle, and end of the training. These sessions provide a space to discuss challenges, celebrate successes, and review core coaching competencies and coaching tools.

By the end of the course, you'll walk away with a toolkit of 10 coaching tools that you'll have practiced with your coachee, empowering you to provide effective coaching from start to finish. Dive into this course and earn the **Dive Into a Coach Approach™ micro-credentialing certificate** while making a significant impact on your coaching journey and your coachee's life.



Time Commitment

This course is a total of 10-hours of time commitment.

- **1 x 0.75-Hour 1:1 Session:** Review learning goals with Instructor (worksheet provided).
- **5 x 1.0-Hour Live Online Group Training:** Three sessions are mandatory.
- **6 x 0.75-1.0-Hour Coaching Sessions:** Conduct with your assigned client/coachee.
- **2 Hours:** Complete online module content.

Key Features

- **Customized Coaching Journey:** Adapt and apply the proven coaching methodology to your organization or practice under the guidance of the course facilitator.
- **Ongoing Support:** Receive continuous support as you coach your own client, ensuring you're equipped to navigate any challenges that arise.
- **Immediate Workplace Integration:** Gain practical tools and strategies that can be seamlessly incorporated into your workplace for immediate impact.

Course Learning Objectives

1. **Apply Coach Approach Framework:** Practice and adapt the Coach Approach framework to their specific area of practice with an assigned client.
2. **Hone Core Coaching Competencies:** Develop and strengthen coaching skills, including active listening, powerful questioning, and goal setting, through active coaching sessions.
3. **Receive Growth Feedback:** Get personalized feedback on core coaching competencies from the instructor based on one recorded coaching session.
4. **Analyze Coaching Impact:** Evaluate the impact and progress of coaching journeys, enhancing understanding of coaching effectiveness.

How Will This Support Our Team?

Investing in this training will offer significant support to our team and enhance our service delivery in several key ways:

1. **Custom Methodology and Tools:** Team members will develop their own methodology and tools as a result of this training, allowing for more personalized and effective service delivery to our clients.
2. **Client Testimonial:** Participants will have access to a client testimonial, showcasing their experience with this service. This testimonial can be used to highlight the participant's expertise and the impact of our services in their promotional efforts.
3. **Clarity and Impact:** The training will provide clarity on the coaching process and its impact on patients, enabling our team to deliver more effective and patient-centered care.

Benefits for the Healthcare Professional

Apart from supporting our team, this workshop also offers direct benefits to healthcare professionals, including:

1. **Earn Micro-Credentialing Certification:** Participants will earn the Dive Into a Coach Approach micro-credentialing certification badge, which they can proudly display in their email signature, on the team website, and more, showcasing their expertise.
2. **Boosted Coaching Confidence:** Gain confidence in coaching skills through practical experience coaching their own client and receiving valuable feedback from an accredited coach, enhancing their effectiveness in patient interactions.
3. **Enhanced Patient Engagement:** Gain strategies to effectively engage patients, fostering better collaboration and adherence to treatment plans, ultimately leading to improved patient outcomes.

Investing in this workshop not only supports our team's communication excellence but also enhances professional growth and the quality of care provided to our patients. It aligns perfectly with our mission to empower healthcare professionals and elevate our standards of practice.

Yours in Health,



Hélène Thériault, BScOT, MAdEd, PCC
Course Creator, Certified Coach & Facilitator, Occupational
Therapist, Function First Coaching Owner

Dive Into a Coach Approach™ Journey | Details & Cost

Course	Time	Format	Capacity	Accreditation	Cost (USD)
Level 1	12 hours	-8 hrs self-pace -1x4 hrs live	8-24	12: AOTA, ICF, NBHWC	\$550
Level 2A	10 hours	-4 x 1.5 hrs (virtual) -3 x 1 hour (peer coaching)	8-24	10: AOTA, ICF	\$777
Level 2B	10 hours	-4 x 1.5 hrs (virtual) -3 x 1 hour (peer coaching)	8-24	10: AOTA, ICF	\$699
Level 3	10 hours	-5 x 1 hr (virtual) -3 x 1 hour (own client)	4-12	10: AOTA, ICF	\$1,397
Level 4 <i>(for ICF credentialing)</i>	10 hours	-3 x 1.5 hrs (virtual) -3 x 1 hour (own client)	4-12	10: AOTA, ICF, NBHWC	\$1,897
*Coaching Tools- bundle	11 hours	5 self-pace online modules	Unlimited	8: ICF, AOTA 11: NBHWC	\$595 (save \$100)
Empowering conversations	1.5 hours	Self-pace module	Unlimited	*1: ICF, AOTA	\$119
Mastery of Coaching Education	3 hours	Self-pace module	Unlimited	*3: ICF, AOTA	\$149
WheelTrack Pro	2 hours	Self-pace module	Unlimited	*2: ICF, AOTA	\$139
Energy Balance Blueprint	2.5 hours	Self-pace module	Unlimited	*2: ICF, AOTA	\$169
Marketing for Healthcare	2 hours	Self-pace module	Unlimited	*NBHWC in bundle	\$119

*The Coaching Tool bundle includes 5 online modules and provides 11 NBHWC CU's.

** All prices listed herein are based on 2023 rates and are subject to change. Please refer to the prices listed on the course group training and resource website pages:

- <https://www.functionfirstcoaching.com/group-training/>
- <https://www.functionfirstcoaching.com/resources/>